INSTITUTE OF PSYCHOLOGICAL RESEARCH & SERVICE, PATNA UNIVERSITY, PATNA

Letter No: 400/18

To
The
Deputy Registrar,
Patna University, Patna

Dated: 12.10.2018

Subject: Copy of Ordinance and Regulations of P.G. diploma in Clinical Psychology.

Sir,

As per verbal order by the Vice Chancellor, P.U. I am submitting herewith a copy of the above which is to be placed in the Academic Council meeting scheduled to be held tomorrow dated 13.10.2018. Thanking you.

Yours sincerely,

(Md. Iftekhar Hossain)
Univ. Prof. & Director

(Handwritten notes and signatures)

(Handwritten notes and signatures)
PATNA UNIVERSITY, PATNA

Ordinance for Admission to P.G. Diploma in Clinical Psychology (Semester System) in the Faculty of Social Science

The Post Graduate Diploma, called 'P. G. Diploma in Clinical Psychology' in the Faculty of Social Science shall be abbreviated as PGDCP Courses and shall be spread over a period one Academic Session (Two Semesters) duration. Each academic session shall have First semesters from July to December and Second from January to June every year.

Admission

2.1 Admission to Semester (I) of PGDCP programme shall be open to candidate possessing at least second class (45% marks) M.A./M. Sc. Degree in Psychology with special paper in Clinical Psychology of any recognised University.

2.2 Admission to P. G. Diploma in Clinical Psychology course shall be made on the basis of marks obtained at the M.A./M.Sc. Examination and interview. The interview shall be conducted by a duly constituted Board consisting one member as the Vice Chancellors nominee.

2.3 The interview shall carry 100 marks which will be added to marks obtained at M.A./M.Sc. Examination level to compute the merit list.

2.4 Admission to PGDCP Semester (I) shall be made in order of merit on the basis of merit list.

2.5 The number of seats in the PGDCP course shall be 40.

2.6 Of all the sanctioned seats, 80% of total seats shall be filled up by the graduates of Patna University. The remaining 20% of the seats are to be filled by the applicants of other universities.

In case the sanctioned seats remain vacant in either of the category, they shall be filled by merit list prepared taking into consideration, all remaining applicants of both Patna University and other University.
2.7 (i) The reservation of seats for the admission in courses shall be as per the reservation rules of the Government of Bihar.

(ii) Altogether 20 percent of the seats shall be reserved for female applicants.

(iii) Seats left vacant in any of the category for want of eligible candidates, they shall be filled up by applicants from the General Category.

(iv) No candidate shall be entitled to the benefits of two criteria of reservation or weightages at the same time for the purpose of admission.

2.9 Each candidate shall have to pay Rs 500/- for application form and prospectus. The amount is, however, subject to change depending on the decision of the University.

2.11(a) No applicant shall be admitted to the course who has not applied for admission within the notified time or who being selected for admission does not get himself/herself admitted within the specified time except where the delay has been condoned in a special case.

(b) No applicant shall be admitted who, in the opinion of the Vice-Chancellor, should not be admitted in the interest of peace, order or general discipline on the campus of Patna University.

(c) The admission of any student admitted to P. G. Diploma may be cancelled, if it is found at any subsequent stage that the document submitted or statement made by him or her in support of his or her claim for admission is false or deceptive.

2.12 No candidate shall be allowed to register as a student in any additional course leading to a diploma or a degree during the academic years of his/her study for PGDCP.

3.0 The fee structure for the P.G Diploma course in clinical Psychological shall be as follows:

[Signature and Remarks]
Effective from session 2019-20

<table>
<thead>
<tr>
<th>Item</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Admission Fee</td>
<td>Rs. 1,000.00</td>
</tr>
<tr>
<td>B. Registration Fee</td>
<td>* (As applicable in the University)</td>
</tr>
<tr>
<td>C. Tuition fee of the Course</td>
<td>Rs. 6,500.00 (Per Semester)</td>
</tr>
<tr>
<td>D. Laboratory charge</td>
<td>Rs. 1,000.00</td>
</tr>
<tr>
<td>E. Library, Books, Journals, Psychological Test materials</td>
<td>Rs. 2,000.00</td>
</tr>
<tr>
<td>F. Development and Maintenance Charge</td>
<td>Rs. 1,000.00</td>
</tr>
<tr>
<td>G. Job Training</td>
<td>Rs. 3,000.00</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>Rs 21,000.00</strong></td>
</tr>
</tbody>
</table>

All the charges shall have to be paid at the time of admission except, tuition fee of the second semester, examination fee and local levy which shall be payable at the time filling up of the examination form.

3.1 The fee structure may be revised from time to time by the Vice-Chancellor in consultation with a Committee constituted for the purpose, after obtaining approval of the Chancellor.

3.2 **Savings:**
Any uncovered aspect in the present ordinance shall be governed by the General Ordinance of Patna University.
PATNA UNIVERSITY, PATNA

Regulations for P.G.Diploma in Clinical Psychology (PGDCP) from the Academic Session, 2018-2019

1. General

1.1 These Regulations shall be called the regulations for P.G. Diploma in Clinical Psychology (PGDCP) (Semester system) of the Patna University.

1.2 These Regulations shall come into force from the academic session 2018-2019.

2. Programme of study

2.1 The University shall award P.G. Diploma in Clinical Psychology in the FACULTY OF SOCIAL SCIENCE.

2.2 The duration of P.G. Diploma course (Semester system) shall be of one academic session.

2.3 The Examination for the P.G. Diploma in Clinical Psychology shall consist of two semesters of six months each.

2.4 Each academic session shall consist of two semesters – I: from July to December and II: from January to June.

2.5 The Diploma Course shall consist of 08 papers spread over two semesters with four papers in each semester.

2.6 The distribution of papers: theory, Psychological testing, project orientated dissertation with number of credits specified in each paper in the course structure.

2.7 The term 'credit' means weightage given to a course in relation to the instructional hours assigned to it. One credit will consist of ten hours of instruction. Each paper of the Diploma programme carries number of credits specified in the course structure.

2.8 The total credits required for the completion of P.G. Diploma in Clinical Psychology shall be 40.

3. Evaluation of Performance:

3.1 The performance of a student in each paper will be assessed on the basis of a continuous internal assessment (CIA) of 30 marks and written examinations of 70 marks conducted towards the end of each semester, called the end semester evaluation (ESE).
3.2 The components of CIA are as follows:
(a) Two mid-semester written tests of one hour duration each = 15 Marks
(b) Seminar/ Quiz + Assignment = 10 Marks
(c) Punctuality and conduct = 05 Marks

Total = 30 Marks

4. **Examination:**

4.1 There shall be an end semester evaluation (ESE) in each semester conducted by University wherein each paper shall carry 70 marks.

4.2 In the case of theory paper the question papers will be set by a panel of experts approved by the Vice-Chancellor.

4.3 The duration of the theory examination will be of 3 (three) hours and the examinees will be required to answer a total of 5 (Five) questions out of which question number one and two will be compulsory. The question number one and two would be of short answer type.

4.4 The syllabus of each paper shall be divided into five (5) units. Based on the above the pattern of question papers shall be as follows:

**Group A** – Compulsory – ten questions two from each unit of two marks each  2x10 = 20 marks

**Group B** – Five questions—one of 5 marks from each unit, four to be answered  5x4 = 20 marks

**Group C** – Five questions of 10 marks one from each unit – three to be answered  10x3 = 30 marks

Total = 70 marks

4.5 There shall be four papers in each semester, covering theory / practical / project or dissertation followed by viva voce, etc. as mentioned in detail in the course structure of the subject concerned in each semester.

4.6 There shall be four papers towards the end of each semester evaluation (ESE). Each paper shall carry 70 marks. The total marks of all the four papers shall be 280 marks.

4.7 There shall be two external examiners preferably from outside the university or state in each practical paper.

4.8 Evaluation of each semester shall be done through a continuous internal assessment (CIA) by the concerned teacher. The ESE will be conducted at the end of each semester for each paper.

4.9 To be eligible to appear at the ESE Examination, a candidate must be registered as a student of this University.

[Signatures and dates]
To be eligible to appear at the examination a student shall be required to have attended at least 75% of the lectures delivered or sessions conducted in theory course and practical course. A shortage of attendance up to 15% can be condoned by the Vice-Chancellor as per the Patna University rules in a very special case on the recommendation of the concerned Director cum Co-ordinate.

5. **Result:**

5.1 A student shall be declared pass only when he/she obtains 40% or above marks in CIA and 45% or above marks in ESE separately in aggregate marks in written Theory paper and aggregate marks in Practical papers separately.

5.2 A student will be declared 'failed' in a semester when he/she gets below 45% marks in aggregates of Theory and Practical separately, or does not appear at the examinations.

5.3 When a student fails in First Semester or does not appear in the end semester examination, he/she will have to re-appear at the examination of such courses only once as and when it is held at the time of regular semester end examination.

5.4 If a student fails in First semester examination he/she shall not be promoted to Second semester.

5.4 If a student passes in First semester examination but fails in Second semester examination he/she will be allowed to re-appear in Second semester examination in succeeding two end semester examinations only.

5.4 In the 2nd (or Final) Semester a candidate will be required to have successfully cleared both the end semester examinations separately for the award of the degree.

6. **Degree:**

6.1 Successful candidates shall be awarded the class/division at the end of Second Semester Examination based on the aggregate marks obtained in all two semester examinations of 40 credits consisting of 800 marks. The following is the categorization of successful candidates based on marks obtained by them:

- (a) 75% and above - First Class with Distinction
- (b) Less than 75%, but equal or more than 60% - First Class
- (c) Less than 60%, but equal or more than 45% - Second Class
- (d) Less than 45% - Fail

6.2 Each successful candidate of all the two semesters taken together shall receive a certificate in the prescribed format, specifying the subject in which he/she was examined and the class in which he/she was placed.

6.3 Students shall be expected to complete the requirements for the award of Diploma in a
minimum period of two consecutive years and a maximum period of three years from the date of admission. There shall be no relaxation in lower or upper time limit of the programme.

7. Wherever this regulation is silent or not explicit, reference should be made to the earlier regulations for the postgraduate diploma course of the concerned faculty of Patna University.

8. Under the new regulations regarding Diploma programme based on the semester system, Semesters I and II shall come into effect from the academic session 2018-2019.
PATNA UNIVERSITY
INSTITUTE OF PSYCHOLOGICAL RESEARCH AND SERVICE

P. G. Diploma in Clinical Psychology Semester System w.e.f. 2018-19

Candidates who have passed M.A./M. Sc. (Hons.) examination in Psychology of Patna University or any other equivalent examination of other universities with Clinical Psychology as special paper will be considered eligible for admission to the two Semester P. G. Diploma course in Clinical Psychology.

The P. G. Diploma course in Clinical Psychology shall be imparted to the students for one academic sessions consisting of two semesters (a total of 800 marks) as given below. Candidates will be examined and evaluated at the end of each semester (400 marks) in the different courses of theory and practical as per continuous internal assessment (CIA) and semester examinations (conducted by the University).

Marks for theory and practical examination shall be as per the following:

<table>
<thead>
<tr>
<th>Exam. Components</th>
<th>Marks for Semester Exam.</th>
<th>Intra-Sessonal Semester Test + Class Assignment and Regularity (CIA)</th>
<th>Intra-Sessional semester practical Assessment + Class assignment and Regularity (CIA)</th>
<th>Total Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Theory</td>
<td>70</td>
<td>30 (15+5+5+5)</td>
<td></td>
<td>100</td>
</tr>
<tr>
<td>Practical</td>
<td>70</td>
<td>30 (15+5+5+5)</td>
<td></td>
<td>100</td>
</tr>
</tbody>
</table>

SEMESTER-I

<table>
<thead>
<tr>
<th>Code</th>
<th>COURSE</th>
<th>Marks of ESE</th>
<th>CIA</th>
<th>Total</th>
<th>Passing Criterion</th>
<th>Qualifying Criterion</th>
</tr>
</thead>
<tbody>
<tr>
<td>CC-1</td>
<td>Foundations of Clinical Psychology</td>
<td>70</td>
<td>30</td>
<td>100</td>
<td>45% in CIA 45% in ESE</td>
<td>Marks decide class/CGPA</td>
</tr>
<tr>
<td>CC-2</td>
<td>Personality Psychology</td>
<td>70</td>
<td>30</td>
<td>100</td>
<td>45% in CIA 45% in ESE</td>
<td>Marks decide class/CGPA</td>
</tr>
<tr>
<td>CC-3</td>
<td>Psychopathology</td>
<td>70</td>
<td>30</td>
<td>100</td>
<td>45% in CIA 45% in ESE</td>
<td>Marks decide class/CGPA</td>
</tr>
<tr>
<td>CC-4</td>
<td>PRACTICAL Clinical Psychological Testing</td>
<td>70</td>
<td>30</td>
<td>100</td>
<td>45% in CIA 45% in ESE</td>
<td>Marks decide class/CGPA</td>
</tr>
<tr>
<td>AECC-1</td>
<td>Ability Enhancing Compulsory Elective</td>
<td>50</td>
<td>50</td>
<td>100</td>
<td>45% in CIA 45% in ESE</td>
<td>Qualifying</td>
</tr>
</tbody>
</table>

SEMESTER-II

<table>
<thead>
<tr>
<th>Code</th>
<th>Core Course</th>
<th>Marks of ESE</th>
<th>Marks of CIA</th>
<th>Total marks</th>
<th>Passing Criterion</th>
<th>Qualifying Criterion</th>
</tr>
</thead>
<tbody>
<tr>
<td>CC-5</td>
<td>Life Span</td>
<td>70</td>
<td>30</td>
<td>100</td>
<td>45% in CIA 45% in ESE</td>
<td>Marks decide class/CGPA</td>
</tr>
<tr>
<td>CC-6</td>
<td>Social and Community Psychology</td>
<td>70</td>
<td>30</td>
<td>100</td>
<td>45% in CIA 45% in ESE</td>
<td>Marks decide class/CGPA</td>
</tr>
<tr>
<td>CC-7</td>
<td>Clinical Assessment and Interview</td>
<td>70</td>
<td>30</td>
<td>100</td>
<td>45% in CIA 45% in ESE</td>
<td>Marks decide class/CGPA</td>
</tr>
<tr>
<td>CC-8</td>
<td>DISSERTATION: PROJECT</td>
<td>70</td>
<td>30</td>
<td>100</td>
<td>45% in CIA 45% in ESE</td>
<td>Marks decide class/CGPA</td>
</tr>
</tbody>
</table>
SEMESTER I
PAPER I
FOUNDATIONS OF CLINICAL PSYCHOLOGY

Full Marks : 70  Time : 3 Hours

The pattern of question papers will be as under

Group A – Compulsory – ten questions (two questions from each unit) of two marks each  2x10= 20 marks

Group B – Five questions (one from each unit) – each question of 5 marks, four to be answered  5x4=20 marks

Group C – Five questions (one from each unit) each questions of 10 marks – three to be answered 10x3=30 marks

Unit I
- Fundamentals of Clinical Psychology-
  - Nature,
  - Historical perspective;
  - Training and
  - Education of Clinical Psychologists.
- Professional issues in Clinical Psychology-Professional training, professional regulation; professional ethics and professional independence; perils of professionalism.

Unit II  Personality
- Definition,
- Development of Personality,
- Methods of studying development of personality;
- Process of personality development during
  - Childhood,
  - Puberty and
  - Adolescence.

Unit III  Mental Health
- Definition,
- Difference between mental health and mental illness;
- models of mental health intervention;
- Measures of promoting mental health.

Unit IV  Behavioural Medicine
- Concept
- Behavioural approaches to –
  - Primary prevention
  - Secondary prevention
  - Tertiary care

Unit V  Clinical Neuropsychology
- Introduction,
- Historical development of neuropsychology;
- Important principles of neuropsychology;
- Emergence of clinical neuropsychology;
- Neuropsychological approaches to psychopathology especially to Depression and Schizophrenia.

Books Recommended:
1. Saccuzzo & Kaplan : Clinical Psychology
2. Neitzel, Bernstein & Milich: Introduction to Clinical Psychology
3. Korchin: Modern Clinical Psychology
4. Meyers: Modern Clinical Psychology
5. Md.Suleman: Naidanik Manovigyan
6. Kapil: Naidanik Manovigyan
7. Arun Kumar Singh: Uchchattar Naidanik Manovigyan
SEMESTER I
PAPER II
PERSONALITY PSYCHOLOGY

Full Marks: 70
Time: 3 Hours

The pattern of question papers will be as under

Group A - Compulsory, ten questions (two questions from each unit) of two marks each 2x10= 20 marks

Group B - Five questions (one from each unit) - each question of 5 marks, four to be answered

5x4=20 marks

Group C - Five questions (one from each unit) each questions of 10 marks - three to be answered

10x3=30 marks

Unit I
- Personality-Meaning,
- Determinant of Personality,
- Biological and environmental;
- Dimensions of Personality:
  - Motivational Dimension and
  - Trait Dimension.

Unit II
- Models of Clinical Psychology-
  - Psychodynamic model,
  - Behavioural model and
  - Phenomenological model.

Unit III
- Psychoanalytic Perspective
  - Freud,
  - Jung,
  - Adler &
  - Erikson.

Unit IV
- Trait Perspective-
  - Allport,
  - Catell &
  - Eysenck.

Unit V
- Humanistic Perspective
  - Maslow &
  - Rogers.

Books Recommended:

1. Hall, Lindzey, Lochlin & Manosevitz: Introduction to Theories of Personality.
2. Ryckman: Theories of Personality.
3. Feist: Theories of Personality.

University Professor & Director,
Institute of Psychological Research & Service, Patna University.
SEMESTER I  
PAPER III  
PSYCHOPATHOLOGY  

Full Marks : 70  
Time : 3 Hours  

The pattern of question papers will be as under:  
Group A – Compulsory – ten questions (two questions from each unit) of two marks each \[2 \times 10 = 20 \text{ marks}\]  
Group B – Five questions (one from each unit) – each question of 5 marks, four to be answered \[5 \times 4 = 20 \text{ marks}\]  
Group C – Five questions (one from each unit) each questions of 10 marks – three to be answered \[10 \times 3 = 30 \text{ marks}\]  

Unit I  
Anxiety Disorders  
  o Phobias-Types,  
    - Etiology  
    - Treatment;  
  - Obsessive-compulsive disorder-  
    - Characteristics,  
    - Etiology  
    - Treatment.

Unit II  
- Mood disorders-  
  - Types,  
  - Etiology,  
  - Treatment.

Unit III  
- Suicide-Adolescent suicide;  
  - Etiology  
  - Suicide prevention.

Unit IV  
- Schizophrenia-  
  - Symptoms,  
  - Types  
  - Etiology  
  - Management.

Unit V  
- Developmental disorders  
- Mental Retardation- classification,  
  - Prevention  
  - Treatment  
- Autistic disorders-  
  - Symptoms  
  - Etiology  
  - Management.

Books Recommended:  
1. Davison & Neale: Abnormal Psychology.  
4. Arun Kumar Singh: Vakti\text{tabka Manovigyan}  
SEMESTER I
PAPER IV
Practical

PSYCHOLOGICAL/CLINICAL TESTING
Full Marks: 70

1. Intelligence Test-Verbal test, Non-verbal test and Performance test.
2. Projective Test-RT, TAT & CAT.
3. Personality Inventories-MMPI, Cattle's Sixteen P.F. test, Eysenck Personality Questionnaire. Test of Type A / B of Personalities.
4. Stress and Anxiety Scale-Beck's Depression Inventory; Sinha's Comprehensive Anxiety Test, Stress Inventory.
5. Neuro Psychological Tests-Cornell Medical Index Health Questionnaire; Mental Health Batteries.

Books Recommended:

SEMESTER II
PAPER V
LIFE SPAN

Full Marks: 70
The pattern of question papers will be as under:

Group A – Compulsory - ten questions (two questions from each unit) of two marks each 2x10= 20 mark
Group B – Five questions (one from each unit) – each question of 5 marks, four to be answered 5x4=20 marks
Group C – Five questions (one from each unit) each question of 10 marks – three to be answered 10x3=30 marks

Time: 3 Hours

Unit I
- Pre natal condition-
  - Role of Hereditary,
  - Effect of Maternal condition:
  - Physiological & Psychological Hazards of pre natal period.

Unit II
- Post natal condition-( infancy)
- classification of infants states
  - Developmental changes in states
  - Soothing techniques,
- Learning in infancy;
- Classical & operant Condition;
- Observational learning : Generalisation, discrimination and extinction
- Brain Development-Motor skills & physical maturations.

Unit III
- Adolescents-
  - Characteristics of Adolescent,
  - Problems of adolescents,
  - Types of adolescents interest,
  - Functions of peers;
  - Determinants of peer-acceptance.

Unit IV
- Old Age-
  - Meaning & characteristics of old age;
  - adjustments to physical & mental changes in old age;
  - Hazards to personal & social adjustments in old age.

Unit V
- Old Age;
- Vocational and family adjustments-
  - Vocational adjustments in old age;
  - Adjustments to retirement;
  - Adjustment to changes in family life;
  - Cohabitation,
  - Adjustment to loss of a spouse.

Books Recommended:

2. Bergress, Locke & Themes: Introduction to family.
3. Aldens: Family Careers.
4. Perz: Family Counselling.
7. Rajendra Pd. singh and S.K Upadhaya: Vikashmatmak Manovigyan

K.Var
09.04.18.
SEMESTER II
PAPER VI
SOCIAL AND COMMUNITY PSYCHOLOGY

Full Marks : 70
Time : 3 Hours

The pattern of question papers will be as under
Group A – Compulsory – ten questions (two questions from each unit) of two marks each 2x10= 20 marks
Group B – Five questions (one from each unit) – each question of 5 marks, four to be answered 5x4=20 marks
Group C – Five questions (one from each unit) each questions of 10 marks – three to be answered 10x3=30 marks

Unit I  Community Psychology
• Nature and principles of community psychology;
• methods of community intervention;
• Development of community psychology in India.

Unit II
• Socialization-
  • Process of Socialization,
  • Variations in socialization,
  • Agencies of socialization.
• Family
• Husband and wife as a mutual support system
• Parent child relationship
• Parent as a model and guide
• Parental conflict- inconsistency in discipline

Unit III
• Sex- role
• Typing-Sex- role development,
• sex role- standards,
• Factors influencing sex difference &
• Development of sex roles,
• the concept of androgyny.

Unit IV
• Moral Development:
• Theories of Piaget & Kohlberg,
• Behavioural side of Moral development.

Unit V
• Child abuse
• Abused children & their parents;
  • Ecology of child abuse;
  • Consequences of child abuse;
• Behavioural problems and conduct disorders among Juveniles
  • common problems of Juveniles;
  • drug and alcohol abuse,
  • violence and truancy
  • sexual and Educational deviance

Books Recommended:
2. Burgess, Locke & Themes: Introduction to family.
4. Pierz: Family Counselling.
7. Rajendra Pd. singh and S.K Upadhyaya: Vikashmatmak Manovigyan
SEMESTER II
PAPER VII
CLINICAL ASSESSMENT AND INTERVENTION
Full Marks: 70  Time: 3 Hours

The pattern of question papers will be as under

Group A – Compulsory – ten questions (two questions from each unit) of two marks each  2x10= 20 marks
Group B – Five questions (one from each unit) – each question of 5 marks, four to be answered  5x4=20 marks
Group C – Five questions (one from each unit) each questions of 10 marks – three to be answered  10x3=30 marks

Unit I
- Assessment and Classification-Meaning of diagnosis; reasons of diagnosis;
- major diagnostic categories of DSM and ICD - 10;
- Evaluating psychological diagnosis;
- Conditions that bias diagnosis

Unit II
- Integrated tools of Assessment-Life records; interview; tests and observations.
- Psychological Assessment-Clinical interview;
- Psychological tests-projective personality tests; personality inventories; intelligence tests,
- Advantages and limitations of these assessment techniques.

Unit III
- Psychological and Biological Therapy-Meaning and objectives of Psychotherapy;
- The effectiveness of psychotherapy methods of evaluating effectiveness of psychotherapy;
- Factors influencing the outcome of psychotherapy; difference between psychotherapy and biological therapy
- Techniques of biological therapies-Psychosurgery; convulsive therapies and drug treatments.

Unit IV
- Psychoanalytic Therapy-Basic techniques in Freudian Psychoanalysis;
- Contemporary analytic therapies-
  - ego analysis;
  - brief psychodynamic therapy;
  - Interpersonal psychodynamic therapy.
- Humanistic and Existential Therapies:
  - Roger's client-centered therapy;
  - Gestalt therapy.

Unit V
- Cognitive and Behaviour Therapies-Counter conditioning -systemic desensitization and Aversion therapy; operant conditioning-Token economy;
- contingency management and Biofeedback;
- Modeling-Problems treated by modeling;
- Cognitive therapies-Ellis's Rational Emotive therapy; Beck's cognitive therapy;
- Multi-model therapy.

Books Recommended:

1. Neitzel, Spellz, Maccauly & Bernstein: Abnormal Psychology.
6. Arun Kumar Singh: Uchchatar Naidanik Manovigyan
SEMMESTER II
PAPER VIII
DISSERTATION: PROJECT
Full Marks: 70

JOB TRAINING
Every examinee would be required to prepare a Project Report based on at least 5 cases from clinical field preferably with the aid of a medical practitioner. The project report, among others, must emphasize upon the following:
(a) Screening and Classification
(b) Treatment decision
(c) Nature of Clinical judgment
(d) Assessing cognitive and non cognitive functions
(e) Assessment by Psychological Testing, its use in predictions.

NOTE
Every examinee would prepare the Research Project under the guidance and supervision of a faculty member of the IPRS and for this he/she will have to compulsory and regularly visit any mental hospital/private clinical/medical college etc. IPRS will also arrange for a combined visit/tour of all examinees to a place found suitable and convenient in the eye of the Director, IPRS. Every examinee will have to submit two copies of Project Report for evaluation in viva-vice examination.