



# GOVERNOR'S SECRETARIAT, BIHAR

RAJ BHAVAN, PATNA-800022

No.-MU-56/2017-

/GS(I)

Dated-

From:

R.V.S. Parmar  
Law Officer

To

The Vice Chancellors  
All the Universities of Bihar  
(Except Bihar Agril Univ., Sabour, Bhagalpur,  
Bihar Veterinary Science University, Patna)

Sub.: Regarding approval of Common Ordinance and Regulations of two years B.P.Ed course .

Sir

I am directed to invite a reference to the subject noted above and to say that Hon'ble Chancellor, after due consideration of the Common Ordinance and Regulations of two years B.P.Ed course prepared and recommended by the University Advisory Committee in the light of N.C.T.E. guidelines vide Government of India Gagette, notification dated 01.12.2014 is pleased to accord assent on the same in exercise of the powers vested in him u/s 38(4) and 39(2)(ii) of the Bihar State Universities Act, 1976, Patna University Act, 1976 and Aryabhata knowledge University Act, 2008 as amended upto date with immediate effect.

This is to be adopted by the University concerned by getting it approved from their different Statutory bodies.

Necessary action may be taken accordingly.

Yours faithfully,

Encl.-As above.

Sd/-  
(R.V.S. Parmar)  
Law Officer  
Dated-

Memo No- MU-56/2017-

/GS(I)

Dated-

Copy alongwith a copy of the approved Common Ordinance and Regulations of two years B.P.Ed course forwarded to the Principal Secretary, Education Department, Govt. of Bihar, Patna for information.

Sd/-  
Law Officer

Memo No.- MU-56/2017- 2679 /GS(I)

Dated- 21-09-2017

Copy alongwith a copy of approved Common Ordinance and Regulations of two years B.P.Ed course forwarded to Shri Bijay Kumar, Technical Director-cum-I/c, Computer Cell, Raj Bhavan, Patna for uploading on th website of Raj Bhavan, Patna / Guard File.

21.09.17  
Law Officer

BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.) PROGRAMME

Regular Mode

(Under Self-Finance Scheme)

Regulation and Ordinance for Admission in Two year Bachelor of Physical Programme

REGULATION

1. Preamble

1.1 The Bachelor of Physical Education programme, generally known as B. P. Ed. shall be a professional programme meant for preparing leaders of physical educational from classes VI to X and for conducting physical educational and sports activities in classes XI and XII.

1.2 The Bachelor of Physical Education (B.P.Ed.) programme shall run under the faculty of Education.

2. Duration of Course

2.1 The B.P.Ed. programme shall be of a duration of two academic years; i.e. four semesters. However, the students shall be permitted to complete the programme within a maximum of three academic years.

2.2 A University examination shall be held after completing each academic year

2.3 Working Days

2.3.1 There shall be at least two hundred working days in each year excluding the period of examination and admission.

2.3.2 The institution shall work for a minimum of thirty six hours in a week. (five or six days).

2.4 Curriculum

B.P.Ed. programme shall be designed to integrate the Study of Childhood, Social context of Physical Education, Subject knowledge, Pedagogical knowledge, Aims of Physical Education and Communication Skills. The programme shall comprise of compulsory and optional theory papers as well as practical papers and compulsory school internship.

2.5 Scheme of Study

Handwritten signatures and dates: 11/09/17, 11/09/17, 11/09/17, 11/9/17

1 <sup>st</sup> Year Part- A (Theory)						
ANNUAL DISTRUBUTION OF THE COURSES						
Course No.	Course Name	Hours	Credits	Theory (External)	(Internal)	Total Marks
CC-101	History, Principles and foundation of Physical Education	4	4	80	20	100
CC-102	Anatomy and Physiology	4	4	80	20	100
CC-103	Health Education and Environmental Studies	4	4	80	20	100
CC-104	Officiating and Coaching	4	4	80	20	100
CC-105	Methods of Teaching, Organization and Administration	4	4	80	20	100
CC-106	Optional (Select Any one of the following)					
EC-101	Olympic Movement	4	4	80	20	100
EC- 102	Yoga Education					
EC- 103	Sports Nutrition and Weight Management					
<b>Total</b>		<b>24</b>	<b>24</b>	<b>480</b>	<b>120</b>	<b>600</b>

**Part-B (Practical)**

		Hours	Credits	External	Internal	Total
PC-101	Track and Field (Crouch Start, Relay, Triple Jump, Javelin Throw)	6	4	60	40	100
PC-102	Team Games: Baseball/ Cricket/ Football/Hockey	6	4	60	40	100
PC-103	i) Indigenous Sports : Kabaddi/ Yoga/ Kho-Kho/ Wrestling ii) Mass Demonstration Activities : Dumbbells/Tipri/ Wands/ Hoop.	6	4	60	40	100
		<b>18</b>	<b>12</b>	<b>180</b>	<b>120</b>	<b>300</b>

**Part- C (Teaching Practice)**

	Hours	Credits	External	Internal	Total
(i) Classroom Teaching	6	4	40	10	50
(ii) Outdoor Teaching			40	10	50
	06	4	80	20	100
Grand Total (1 <sup>st</sup> Year) :	Part A+ Part B + Part C = 1000 Marks				

80  
11/09/17

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11/09/17

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11/9/17

2 <sup>nd</sup> Year Part- A (Theory)						
ANNUAL DISTRUBUTION OF THE COURSES						
Course No.	Course Name	Hours	Credits	Theory (External)	(Internal)	Total Marks
CC-201	Sports Training	4	4	80	20	100
CC-202	Computer Application in Physical Education	4	4	80	20	100
CC-203	Sports Psychology and Sociology	4	4	80	20	100
CC-204	Kinesiology and Biomechanics	4	4	80	20	100
CC-205	Research and Statistics in Physical Education	4	4	80	20	100
CC-206	Optional (Select Any one of the following					
EC-201	Theory of Sports and game	4	4	80	20	100
EC- 202	Sports Management					
EC- 203	Sports Medicine, Physiotherapy and Rehabilitation					
<b>Total</b>		<b>24</b>	<b>24</b>	<b>480</b>	<b>120</b>	<b>600</b>

**Part- B (Practical)**

		Hours	Credits	External	Internal	Total
PC-201	Track and Field (High Jump, Long Jump, Shot-put & Discus Throw)	6	4	60	40	100
PC-202	Team Games: Handball/ Basketball/ Volleyball	6	4	60	40	100
PC-203	(i) Racquet Sports: Badminton/Table-Tennis/ Tennis/ Ball Badminton (ii) Mass Demonstration Activities : Umbrella/ lezium/March past/ Movement Lesson	6	4	60	40	100
		<b>18</b>	<b>12</b>	<b>180</b>	<b>120</b>	<b>300</b>

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